

# Enjoy and respect Baix Camp

THE MOUNTAINS OF COSTA DAURADA








Muntanyes de  
la Costa Daurada







CONSELL COMARCAL  
DEL BAIX CAMP



## RESPECT NATURE

-  Enjoy nature, learn to watch it and listen to it with no hurry.
-  Avoid making unnecessary noises since you live together with other living beings.
-  Take your trash back with you in your rucksack.
-  Do not wash or use any soap in fountains and water streams.
-  Use the path and avoid walking on the fields.
-  Do not collect wild flowers. Some of them are very rare or are protected.
-  If you are walking with a dog, use a leash.
-  Do not do bivouac or free camping unless it is an authorised area.
-  If you are travelling in a camper van, sleep at camping sites or in supervised camping areas.
-  Circulation of motorized vehicles in the natural environment is regulated. Respect the regulations.
-  Do not make bonfires in non-authorized areas.


## RESPECT THE PEOPLE LIVING IN THE AREA

-  Do not disturb the local people.
-  Go along the path and respect private property.
-  Make sure you do not open new paths on private fields.
-  Respect the means of life of the locals; do not trespass on farms.

## CONTRIBUTE TO LOCAL ECONOMY

-  Lodge, eat and shop in small local establishments.
-  Hire the service of local guides that can prove wide knowledge of the territory.

## GIVE US A HAND TO IMPROVE

-  While staying in our home land, please let us know if you see any signs, accesses or spaces in bad condition or if you witness any antisocial attitudes or actions that may spoil the environment or private property or that may disturb natural life. Please, send us an email to [info@muntanyescostadaurada.cat](mailto:info@muntanyescostadaurada.cat).